



Standard Abbreviations

Standard Abbreviations

A	
A	Assessment
AAA	Abdominal Aortic Aneurysm
abd	Abduction
abn	Abnormal
abs	Absent
AIDS	Acquired Immune Deficiency Syndrome
ACJ	Acromioclavicular Joint
AROM	Active Range Of Motion
ADLs	Activities of Daily Living
ACTS	Acute Cervical Traumatic Sprain/Strain
ad or add	Adduction
ADJ	Adjustment
ABN	Advanced Beneficiary Notice
ACA	Against Chiropractic Advice
AMA	Against Medical Advice
A&O	Alert and Oriented
A&Ox3	Alert and Oriented to Person, Place, and Time
amt	Amount
AJ	Ankle Jerk
ant	Anterior
ACL	Anterior Cruciate Ligament
AIIS	Anterior Inferior Iliac Spine
ASIS	Anterior Superior Iliac Spine
A-P	Anterior To Posterior
A/P	Anteroposterior
ASAP	As Soon As Possible
as or ASYM	Asymmetric/Asymmetry
B	
BILAT or B/L	Bilateral
BMD	Bone Mineral Density
BP	Blood Pressure
C	
C/S or C-spine	Cervical (spine)
C.A	Chiropractic Assistant
C.C.A	Certified Chiropractic Assistant
C/C or cc	Chief Complaint
C/O	Complains of...
CADS	Cervical Acceleration/ Deceleration Syndrome (whiplash)
CMT	Chiropractic Manipulative Treatment

CN	Cranial Nerve
CNS	Central Nervous System
Con	Continue
Cryo	Cryotherapy
CS	Cervical Spine
CSLR	Crossed Straight leg raise
CT	Computerized Tomography
CTS	Carpal Tunnel Syndrome
CV	Cardio-Vascular
D	
D.C.	Doctor of Chiropractic
D.O.	Doctor of Osteopathy
D/A	Date of accident
D/C	Discontinue
D/L	Date of Loss
DDD	Degenerative disc disease
Ddx	Differential Diagnosis
Def	Deficiency
DF	Dorsiflexion
DISH	Diffuse Idiopathic Skeletal
DJD	Degenerative Joint Disease
DOB	Date of Birth
DOI	Date of Injury
DTR	Deep Tendon Reflex
Dx (DX)	Diagnosis
E	
E/M	Evaluation and Management
EMS	Electrical Muscle Stimulation
ER	Emergency room
EX	Examination
EXER or EXR	Exercise
EXT	Extension
F	
F/D	Flexion Distraction
F/U	Follow Up
Flex	Flexion
FMS	Fibromyalgia Syndrome
FOA	Functional Outcomes Assessment Tool
Freq	Frequency
FROM	Full Range of Motion
Ft	Foot/feet
Fx (FX)	Fracture
FXN	Function

G	
GI	Gastrointestinal
GU	Genitourinary
GYN	Gynecology
H	
H&P	History and Physical
H/O	History of
HA	Headache
HBP	High Blood Pressure
HIV	Human ImmunoDeficiency Virus
HNP	Herniated Nucleus Pulposus
HP	Hot pack
HPI	History of Present Illness
HR	Heart Rate
hr	Hour
HRT	Hormone Replacement Therapy
ht	Height
HTN	Hypertension
Hx (HX)	History
I	
ICS	Intercostal Space
IFC	Interferential Current
IM	Intramuscular
Inf	Inferior
Infl	Inflamed/Inflammation
Int	Intermittent
IVD	Intervertebral Disc
IVF	Intervertebral/Intravertebral Foramina
J	
JRA	Juvenile Rheumatoid Arthritis
K	
KJ	Knee Jerk
L	
L/S or L-Spine	Lumbar Spine
L.M.T.	Licensed Massage Therapist
L.P.T.	Licensed Physical Therapist
LSS	Lumbosacral
LAM	Laminectomy
LAO	Left Anterior Oblique
Lat	Lateral
Lat Flex	Lateral Flexion
LB	Low Back
lb	Pound

LBP	Low Back Pain
LCL	Lateral Collateral Ligament
LE	Lower Extremity
LES	Lupus Erythematosus
Lig	ligament
LLE	Left Lower Extremity
LLF	Left Lateral Flexion
LLQ	Left Lower Quadrant
LOC	Loss Of Consciousness
LOM	Limitation of Movement/Motion
LPO	Left Posterior Oblique
LR or LROT	Left Rotation
LROM	Limited Range of Motion
LS	Lumbar Spine
LSROM	Limited Segmental Range of motion
LT or L	Left
LTG	Long Term Goal
LUE	Left Upper Extremity
LUQ	Left Upper Quadrant
M	
MD	Medical Doctor
/m	Per Month
Max	Maximum
MB	Mandible
MCL	Medial Collateral Ligament
Med	Medial
MI	Myocardial Infarction
Min	Minimum
MM	Muscle Movement
mm	Muscles
MMI	Maximum Medical Improvement
mod	Moderate
MRI	Magnetic Resonance Imaging
MS	Multiple Sclerosis
Ms	Muscle Spasm
MTB	Maximum Therapeutic Benefit
MUA	Manipulation Under Anesthesia
MVA	Motor Vehicle Accident
MVC	Motor Vehicle Collision
N	
Neg	Negative
NM	Neuromuscular
NMS	Neuromusculoskeletal

NP	New Patient
NAD	No Apparent Distress
NKA	No Known Allergies
NSAID	Non-Steroidal Anti-Inflammatory Drug
N	Normal
NWB	Normal Weight Bearing
NT	Numbness and Tingling
O	
O	Objective Findings
OAT	Outcome Assessment Tool
OCC	Occiput
OCCAS	Occasional
OM	Otitis Media
OMT	Osteopathic Manipulative Treatment
Ortho	Orthopedics
OT	Occupational Therapy
OTC	Over the Counter (Non-Prescription Drugs)
OV	Office Visit
Oz	Ounce
P	
P	Pain
P	Plan
P.A	Physician's Assistant
p.m.	Afternoon- Evening
p.r.n. or PRN	As Needed
PA	Posteroanterior
palp	Palpation
PARQ	Procedure, Alternatives, Risks, and Questions
PCL	Posterior Cruciate Ligament
PCL	Proximate Collateral Ligament
PCP	Primary Care Physician
PERRLA	Pupils Equal, Round, Reactive to Light and Accommodation
PF	Plantar Flexion
PH	Past History
PHI	Protected Health Information
PHH	Past Health History
PI	Personal Injury
PMH	Past Medical History
Pos	Positive
post	Posterior
pp	Pinprick
PROM	Passive Range of Motion

Prx or PX	Prognosis
PSIS	Posterior Superior Iliac Spine
PT	Physical Therapist or Physical Therapy
Pt.	Patient
PTD	Partial Temporary Disability
PWB	Partial Weight Bearing
R	
R.N	Registered Nurse
R/O	Rule Out
R/S	Reschedule
RA	Rheumatoid Arthritis
RAO	Right Anterior Oblique
REF	Referred
Resp	Respiration
RICE	Rest, Ice, Compression, and Elevation
RLE	Right Lower Extremity
RLF	Right Lateral Flexion
RLQ	Right Lower Quadrant
ROM	Range of Motion
ROMCP	Range of Motion Complete and Pain-Free
ROMWNL	Range of Motion Within Normal Limits
ROS	Review of Systems
RPO	Right Posterior Oblique
RR	Respiratory Rate
RR or RROT	Right Rotation
RT or R	Right
RTC	Return to Clinic
RTW	Return to Work
RUE	Right Upper Extremity
RUQ	Right Upper Quadrant
Rx (RX)	Prescribe/Prescription/Medication
S	
S	Subjective Findings
S or Sac	Sacral
S&S	Signs and Symptoms
SC	Sacrococcygeal
SCN	Sciatic Nerve
SAC/SPC	Spinal Cord
SCJ	Sterno-Clavicular Joint
SCI	Spinal Cord Injury
SCM	Sternocleidomastoid
Sec or S	Second
SI	Sacroiliac

sig	Significant
SLE	Systemic Lupus Erythematosus
SLR	Straight Leg Raise Test
SMT	Spinal Manipulative Treatment/Therapy
SOAP	Subjective, Objective, Assessment, Plan
SOB	Shortness of Breath
SROM	Segmental Range of Motion
STD	Sexually Transmitted Disease
Sup	Superior
Sx	Symptom
T	
2pd	Two Point Discrimination
T/S or T-spine	Thoracic Spine
T&A	Tonsils and Adenoids
temp	Temperature
TENS	Transcutaneous Electrical Nerve Stimulation/ Stimulator
TIA	Transient Ischemic Attack
TL	Thoracolumbar
TMJ	Temporomandibular Joint
TP	Trigger Point
TPI	Trigger Point Injection
TPT	Trigger Point Therapy
TrPs	Trigger Points
TTD	Total Temporary Disability
Tx (TX)	Therapy/Treatment
U	
UE	Upper Extremity
US	Ultrasound
UTI	Urinary Tract Infection
V	
VAS	Visual Analog Scale-Pain
VS	Vital Signs
VSC	Vertebral Subluxation Complex
W	
w/	With
w/o	Without
WC	Workers Compensation
WD	Well-Developed
WDWN	Well-Developed, Well-Nourished
WN	Well-Nourished
WNL	Within Normal Limits
Wt	Weight

X	
x	except
Y	
Y/O	Years Old
Yr	Year



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