



# PART Documentation for Medicare

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## PAIN AND TENDERNESS

Identify using one or more of the following:

<b>Observation</b>	Observe the pain the patient exhibits during the course of the examination. Document the location, quality, and severity of the pain
<b>Percussion, Palpation, or Provocation</b>	During the exam, ask the patient if pain is reproduced (e.g., “Let me know if any of this causes discomfort.”)
<b>Visual Analog Scale</b>	Ask the patient to grade the pain from 0-10 on a visual analog scale
<b>Audio Confirmation</b>	Ask the patient to verbally grade the pain from 0-10
<b>Pain Questionnaires</b>	Use patient questionnaires, such as the McGill pain questionnaire or an in-office patient history form, for the patient to describe his/her pain.

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## ASYMMETRY/MISALIGNMENT

Identify on a sectional or segmental level by using one or more of the following:

<b>Observation</b>	Observe patient posture and/or analyze gait
<b>Motion Palpation</b>	Describe the misaligned spinal vertebrae and asymmetry
<b>Diagnostic Imaging</b>	Use x-ray, CAT scan, and MRI to identify misalignments

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## RANGE OF MOTION ABNORMALITY

Identify an increase or decrease in segmental mobility using one or more of the following:

<b>Observation</b>	Observe an increase or decrease in the patient’s range of motion
<b>Percussion, Palpation, or Provocation</b>	Record palpation findings—include listing(s). Be sure to record the various areas involved and correlate to the regions manipulated
<b>Stress Diagnostic Imaging</b>	Flexion/Extension views or digital motion x-rays
<b>Range of Motion Measurement</b>	Devices such as goniometers or inclinometers can be used to record specific measurements

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## TISSUE, TONE CHANGES

Identify using one or more of the following:

<b>Observation</b>	Observe visible changes (e.g., muscle twitching, inflammation, swelling, rigidity, etc.)
<b>Palpation</b>	Palpated changes in the tissue, such as hypertonicity, hypotonicity, spasm, inflammation, tautness, rigidity, flaccidity, etc. can be found on palpation.
<b>Use of instrumentation</b>	Document the instrument used and findings