

The Anatomy of a Wellness Encounter Treatment Note

For true wellness visits, those where the patient is asymptomatic, documentation guidelines are minimal. Therefore, we must default back to documentation guidance to meet the standard of care, state board, and malpractice guidelines. All treatment, whether active or maintenance care, must be recorded in the patient's clinical record. This example shows the basic requirements of a non-active, wellness encounter's treatment note. Always ensure documentation meets the State Board requirements and malpractice carrier guidelines for risk management.



Daily Encounter:

- Wellness Encounter: Jenny was asymptomatic today and returned to be examined and, if indicated, adjusted for subluxations. Jenny currently has no functional deficits or restrictions in her activities of daily living.
- Reason for the visit is clearly established
- Statement to indicate no complaint or asymptomatic as reported by patient
- Brief notation of the patient's lack of functional deficits is noted



Daily Objective Findings:

Spinal Restriction(s)/Subluxation(s): C2, C6, L4, and right ilium

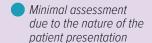
neuro-spinal integrity, overall health, and general wellbeing.

Diagnosis: (M99.01) Cervical Subluxation, (M99.03) Lumbar Subluxation,

- Postural Analysis: right short leg, mild anterior head carriage
- Tissue Tone Change(s): mild tightness on the right side of the neck and lumbar region

Current Status: Wellness care for subluxation correction to maintain and improve

Objective findings clear for all spinal regions being treated



 Basic diagnosis is expected for wellness visits and patient receipt

Today's Treatment:

(M99.05) Pelvic Subluxation.

Daily Assessment:

Primary Treatment: Diversified, Drop Table - Chiropractic Manipulative Treatment (CMT) to the right C2, right C6, L4 and right illum spinal levels.

Advised

- Tx Effect: Treatment rendered without incident
- Next Visit: continue with monthly treatment plan

- Chiropractic technique clearly indicated
- Specific segments adjusted are noted
- Basic information to demonstrate patient management

