



# The Anatomy of a Subsequent Routine Office Visit (ROV) Episodic Care (OV#5)

This sample is an example of the fifth Routine Office Visit (ROV) of an episode of care. There have been 4 prior routine visits in addition to the initial visit. Layout in this format allows for a continuation of visits in this style throughout the episode of care, proving the ease of updating changes from the previous ROV.

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**Daily Encounter:** treatment for acute/active care on **visit #5** of a projected 20 visits

- **Chief Complaint:** Reports deep, aching, stiffness type discomfort in the **center of the back of the neck**; this complaint **has improved since the last visit**. The patient reported, **"I was able to sleep a little longer"**; I removed my pillow and rolled up a towel and that helped"
- **Pain Scale:** 4/10 reported using Verbal or Visual Analog Scale
- **Current Functional Deficit(s):** Kathleen stated that **sleeping is still difficult but she has improved slightly**.

- Visit number is clearly indicated
- Location and spinal region is clear
- Changes in function since last visit are clear
- Patient specific functional notes included

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- **Complaint #2:** Reports dull aching type discomfort in the **left and right side of the low back, and the left and right buttock**.
- **Pain Scale:** 3/10 reported using Verbal or Visual Analog Scale
  - **ADL Change:** **sitting has improved slightly; she can sit in a comfortable chair for up to 20 minutes without pain**

- Spinal restrictions match segments adjusted
- Soft tissue findings match areas treated

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**Daily Objective Findings:**

- Vertebral Subluxation(s): Palpation and examination revealed subluxation(s) at the following spinal levels **C3, C4, C5, L4, right L5 and right sacrum**; edema, fixation, hypomobility and spinal process deviation (misalignment) was noted at all levels. Palpatory tenderness in the lumbar spine and pelvis but seems improved over last visit.

- Daily assessment is personalized and patient specific

**Assessment:**  
**Patient is making slow progress; sleeping and sitting are slightly improved; treatment plan should continue as ordered.**

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**Today's Treatment:**

**Primary Treatment:**

- **Diversified** - Chiropractic Manipulative Treatment (CMT) to the **C3, C4, C5, L4, right L5, and right sacrum spinal level(s)**.

**Supportive Therapy:**

- **As per treatment plan - Hot Pack:** **hot moist pack** applied to **posterior cervical (neck) and lumbar region(s)** for **8 minutes**.
- **As per treatment plan - Ultrasound with contact medium** applied to **posterior cervical (neck) region(s)** for **10 minutes** at a setting of **continuous 100%** and at **1.0 W/cm2**.
- **As per treatment plan - EMS attended** low volt EMS applied to **lumbar, left and right sacroiliac region(s)** for **8 minutes**.

**Total time spent for timed therapies: 18 minutes**

- Chiropractic technique clearly indicated
- Specific segments adjusted are noted
- Specific attended or unattended modalities with body areas treated are documented
- Individual and total therapy time documented
- Basic information to demonstrate patient management

**Advised**

- **Tx Effect:** Treatment rendered without incident
- **Next Visit:** continue with treatment plan as scheduled