

Payer and ICD 10 Monopoly? Here's Your Get Out of Jail Free Card

Presented By: KMC University

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What We Will Cover

- Important Payer Updates
- New ICD-10 Diagnosis Codes
- Medicare Reminders
- Upcoming HIPAA Changes

What We Call "The Big Four"



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What the Office Must Know



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Payer Updates



YVETTE NOEL, CPO
KMC University Specialist



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1 Sign Up For Payer Bulletins

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United Healthcare Eligibility and Referrals

Home > Resource Library > Network News

Network News
Your go-to source for administration, clinical and operational updates

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Monthly overview
View recent updates on regulatory announcements, coverage determinations, prior authorization, code changes, provider reimbursement, medical policy alerts and more.

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News your way
Get news delivered to your inbox, specialty, health plan and state. You can also select how often you want to receive updates and choose what news you want to receive.

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1 Sign Up For Payer Bulletins

1 Sign Up For Payer Bulletins

Your briefs will feature relevant updates on the news you need:

- Prior authorization
- Reimbursement policies
- Medical policies
- Protocols
- Administrative support
- Drug and pharmacy

August 15, 2024

August monthly overview

Prior authorization updates

Outpatient therapy and chiropractic prior authorization requirements. Medicare Advantage plans nationally will require prior authorization for outpatient therapy and chiropractic services.

August 15 publication

Policy and coverage changes

Outpatient therapy and chiropractic prior authorization requirements. Medicare Advantage plans nationally will require prior authorization for outpatient therapy and chiropractic services.

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August 01, 2024

Outpatient therapy and chiropractic prior authorization requirements

Last modified: Sept. 1, 2024
Update: Additional information provided regarding place of service codes and how to submit requests.

Effective Sept. 1, 2024, we'll require prior authorization for the following services delivered in multiprofessional offices and outpatient hospital settings, excluding services in the home:

- Physical therapy (PT)
- Occupational therapy (OT)
- Speech therapy (ST)
- Medicare-covered chiropractic services (when billed with the AT modifier)

Multidisciplinary practices may encompass settings where physical therapy, occupational therapy, speech therapy and chiropractic care are all provided within a single facility or office. Alternatively, they could refer to individual practices each specializing in a single discipline.

Prior authorization is required for the following place of service codes:

- 11 Office
- 19 Off-Campus Outpatient Hospital
- 22 On-Campus Outpatient Hospital
- 24 Ambulatory Surgical Center
- 89 Independent Clinic
- 92 Comprehensive Outpatient Rehabilitation Facility

This applies to UnitedHealthcare® Medicare Advantage nationally, excluding Dual Complete Special Needs Plans (SNP). Current prior authorization requirements in Arkansas, Georgia, South Carolina and New Jersey for outpatient therapies continues as previously deployed and will now include Medicare-covered chiropractic services.

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October 18, 2024

Medicare Advantage: Prior authorization resources for outpatient therapy and chiropractic services

On Sept. 1, 2024, we began requiring prior authorization for physical, occupational, speech therapy and chiropractic services for UnitedHealthcare® Medicare Advantage members. Optum Physical Health has been designated to review the prior authorization required for medical necessity using CMS Chapter 18 criteria, applicable local coverage determinations (LCDs) and InterQual® criteria to render a determination. Medical necessity reviews are conducted by licensed medical professionals, including physical therapists, occupational therapists and speech language pathologists.

Reviews are conducted after the member's initial consultation and evaluation and consider the specific circumstances of the individual member to approve a course of treatment supported by the clinical evidence.

Note: Treatment can begin the same day as the member's evaluation if you wish to do so, as authorization, when issued, will cover dates retroactive to the date of the evaluation. You can submit an authorization up to 10 business days (14 calendar days) after the date of service, and authorizations, when issued, will be retroactive to the date of the evaluation.

Exclusions

The below plans and provider types are not required to submit for authorization:

- Out-of-network providers
- UnitedHealthcare® Dual Complete plans
- UnitedHealthcare Nursing Home and UnitedHealthcare Assisted Living plans
- Preferred Care Network and Preferred Care Partners of Florida
- UnitedWest (open P/E plans in California and Arizona)
- Prospekt Health Plan
- Rocky Mountain Medicare Advantage Plans
- Einstein Advantage

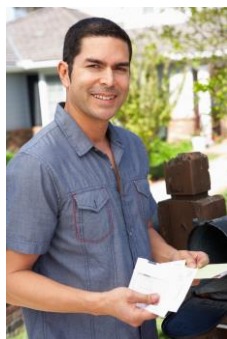
Note: OptumCare and WellMed contracted providers, please refer to the number on member ID card for prior authorization instructions.

Chiropractic care services

Routine (maintenance) chiropractic services will not require prior authorization. Only traditional Medicare-covered chiropractic services (which covers only manual manipulation of the spine to correct subluxation) require prior authorization.

Per CMS, traditional Medicare-covered chiropractic services are identified by an AT modifier. Please refer to [cms.gov](https://www.cms.gov) for additional information. The chiropractor will need to bill with the AT modifier for traditional Medicare services.

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Optum

MS103-0302
PO Box 4402
Minnetonka, MN 55340
P 1-800-875-4375
F 1-800-576-0205
myoptumhealthphysiohealth.com

August 2, 2024

RE: Changes to UnitedHealthcare® and AARP® MedicareAdvantage® Plans Clinical Submission Requirements for Chiropractic, Physical, Occupational and Speech Therapy Services

Dear Provider:

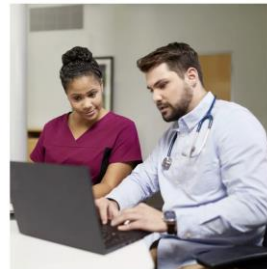
Effective September 1, 2024, OptumHealth Care Solutions, LLC (Optum) Clinical Support Program, will require the online clinical submission of a Patient Summary Form (PSF) for certain UnitedHealthcare® and AARP® MedicareAdvantage® members. A PSF is not required for the initial evaluation. However, a PSF is required for subsequent treatment visits. This includes treatment in progress after the effective date. The Clinical Support Program is described in the Optum® Provider Operations Manual, which can be found at myoptumhealthphysiohealth.com.

All Optum Physical Therapy, Occupational Therapy, Speech Therapy, and Chiropractic providers, including Fee 1A, Fee 1, and Fee 2, Updated Plan Summaries can be found at myoptumhealthphysiohealth.com.

Your online clinical submission can be completed at myoptumhealthphysiohealth.com. A tutorial and instructions on completing the online submission can also be found at this site. Please contact Optum Provider Services at 1-800-875-4375 if you need your provider ID or password for the Optum website or if you have any questions.

Sincerely,
Network Management
Optum

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Humana Physician News

Our quarterly email features the latest news, resources and administrative information to support you in the care of your Humana-covered patients.

[Read the latest issue of Humana Physician News \(Q3 - 2024\)](#)

[Read our 2024 - Q2 newsletter](#)

[Read our 2024 - Q1 newsletter](#)

[Read our 2023 - Q4 newsletter](#)

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September 01, 2024
New GA modifier requirement for UnitedHealthcare commercial plans

Beginning Feb. 1, 2025, we're adding the following GA modifier requirement for UnitedHealthcare commercial plans claims to our **Charging members for non-covered services** protocol. This requirement should help improve health care transparency by helping to ensure patients were made aware of their potential cost-sharing liability.

The new requirement

In addition to the current requirements in the Protocol, if you know or have reason to suspect that a commercial member's benefits do not cover the service (as described further in the Protocol), a GA modifier must be submitted on the claim if you want to bill our member for the non-covered service. You will use the GA modifier to document when the enhanced consent requirements of the consent were met. The aim of requiring use of the GA modifier is to improve health care transparency by helping ensure members were made aware of their potential liability in advance of any procedure or bill they may receive for services. If you didn't meet all of the consent requirements in the Protocol, it is not appropriate to submit the GA modifier on the claim and you cannot bill our member.

What you need to do

If you obtain written consent from a commercial member for a service you know or suspect is not covered by their benefits, and the consent met all the requirements in the Protocol, you must include the GA modifier on your claim for the non-covered service. Including the GA modifier on your claim for the non-covered service helps ensure it is adjudicated as member liability where appropriate.

Note, the new requirement will also be included in our 2025 Administrative Guide for Commercial Plans.

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See the information below for including modifiers on your claims:

- **GA modifier:** If you followed this protocol and requested a pre-service organization determination, and an IDN was issued before the noncovered service was rendered, you must include the GA modifier on your claim for the non-covered service. Including the GA modifier on your claim helps ensure your claim for the non-covered service is appropriately adjudicated as member liability.
- **GZ modifier:** If you know or have reason to believe that a service or item you are providing or referring will be denied as not reasonable and necessary and you did not provide an advance notice of non-coverage to member, you must include the GZ modifier on your claim. Including the GZ modifier on your claim helps ensure your claim for the non-covered service is appropriately adjudicated as provider liability.
- **GY modifier:** If you know the service or item you are providing or referring is statutorily excluded from Medicare coverage and the service is explicitly excluded in the members EOC, you must include GY modifier on claim. Including the GY modifier on your claim helps ensure your claim for non-covered service is appropriately adjudicated as member liability.

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Charging members for non-covered services

You may collect payment from our commercial members for services not covered under their benefit plan if you first get the member's written consent. The member must sign and date the consent before the service is done. Keep a copy in the member's medical record. If you know or have reason to suspect the member's benefits do not cover the service, the consent must include:

- An estimate of the charges for that service
- A statement of reason for your belief the service may not be covered

Generic, blanket or blank written consent forms are not allowed.

- **Generic written notices** – routine written notices to members only state that a denial of payment is possible or that you do not know if payment will be denied. Generic written notices are not acceptable evidence of written notice and will not protect you from liability. The written notice must specify the item and/or service and a genuine reason that denial is expected. Written notice standards are not satisfied by a generic document that is little more than a signed statement by the member to the effect that, should payment be denied, the member agrees to pay for the item and/or service.
- **Blanket written notices** – giving written notices for all claims or items or services (i.e., blanket written notices) is not an acceptable practice. Notice must be given to a member about the likelihood of payment for that individual's claim.
- **Signed blank written notices** – you are prohibited from obtaining member signatures on blank written notices and then completing the details later. For a written notice to be effective, it must be completed before giving it to the member.

You should know or have reason to suspect that a service or item may not be covered if we have:

- Provided notice through an article on UHcprovider.com, including clinical protocols and/or medical policies
- Determined that the planned service or item is not covered and have communicated that determination

Do not bill the member for non-covered services in cases where you do not follow this protocol.

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October 18, 2024

Medicare Advantage: Prior authorization resources for outpatient therapy and chiropractic services

On Sept. 1, 2024, we began requiring prior authorization for physical, occupational, speech therapy and chiropractic services for UnitedHealthcare® Medicare Advantage members. Optum Physical Health has been obligated to review the prior authorization request for medical necessity using CMS Chapter 15 criteria, applicable local coverage determination (LCD) and the Optum® criteria to render a determination. Medical necessity reviews are conducted by licensed medical professionals, including physical therapists, occupational therapists and speech language pathologists.

Reviews are conducted after the member's initial consultation and evaluation and consider the specific circumstances of the individual member to approve a course of treatment supported by the clinical evidence.

Note: Treatment can begin the same day as the member's evaluation if you wish to do so, an authorization, when issued, will cover dates retroactive to the date of the evaluation. You can submit an authorization up to 30 business days (14 calendar days) after the date of service, and authorizations, when issued, will be retroactive to the date of the evaluation.

Exclusions

The below plans and provider types are not required to submit for authorization:

- Out-of-network providers
- UnitedHealthcare® Dual Complete plans
- UnitedHealthcare Nursing Home and UnitedHealthcare Assisted Living plans
- Preferred Care Network and Preferred Care Partners of Florida
- UnitedHealthcare (specific plans in California and Arizona)
- Peoples Health Plan
- Rocky Mountain Medicare Advantage Plans
- Erickson Advantage

Note: OptumCare and Wellnet contracted providers, please refer to the number on member ID card for prior authorization instructions.

Chiropractic care services

Routine (maintenance) chiropractic services will not require prior authorization. Only traditional Medicare-covered chiropractic services (which covers only manual manipulation of the spine to correct dysfunction) requires prior authorization.

For CMS, traditional Medicare-covered chiropractic services are identified by an AT modifier. Please refer to [cms.gov](https://www.cms.gov) for additional information. The chiropractor will need to bill with the AT modifier for traditional Medicare services.

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Chiropractic therapy

Prior authorization requirements

Prior authorization for chiropractic services is required for all fully insured Humana commercial members in the following markets:

- Kentucky: Commonwealth of Kentucky outside the 410xx ZIP code and Indiana counties of Clark, Floyd, Harrison, Jefferson, Scott and Washington (ZIP codes 471xx and 472xx) and northern counties in ZIP code 410xx
- Illinois: Entire state of Illinois and Indiana (ZIP codes 463xx and 464xx)
- Ohio: Entire state of Ohio and the Indiana counties in ZIP codes 470xx, 473xx, and northern Kentucky counties in ZIP code 410xx
- Arizona: Entire state of Arizona
- Georgia: Entire state of Georgia
- South Florida: Broward, Miami-Dade and Palm Beach counties

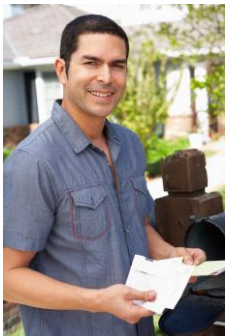
Prior authorization requests for chiropractic therapy, including manipulative therapy, are reviewed by WholeHealth Networks (WHN), a utilization management company. WHN will review for medical necessity of the service and will request any needed medical records.

Please note: Prior authorization is not required for services provided by nonparticipating healthcare providers for patients with preferred provider organization (PPO) coverage.

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300 Ave 1400
Bloomington, IN 47403
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F: 317-330-5107
myoptumhealthphysiohealth.com

August 2, 2024

RE: Changes to UnitedHealthcare® and AARP® MedicareAdvantage® Plans Clinical Submission Requirements for Chiropractic, Physical, Occupational and Speech Therapy Service

Dear Provider:

Effective September 1, 2024, OptumHealth Care Solutions, LLC (Optum) Clinical Support Program, will require the online clinical submission of a Patient Summary Form (PSF) for certain UnitedHealthcare® and AARP® MedicareAdvantage® members. A PSF is not required for the initial evaluation. However, a PSF is required for subsequent treatment visits. This includes treatment in progress after the effective date. The Clinical Support Program is described in the Optum® Provider Operations Manual, which can be found at myoptumhealthphysiohealth.com.

All Optum Physical Therapy, Occupational Therapy, Speech Therapy, and Chiropractic providers, including Tier 1A, Tier 1, and Tier 2, Updated Plan Summaries can be found at myoptumhealthphysiohealth.com.

Your online clinical submission can be completed at myoptumhealthphysiohealth.com. A tutorial and instructions on completing the online submission can also be found at this site. Please contact Optum Provider Services at 1-800-871-4573 if you need your provider ID or password for the Optum website or if you have any questions.

Sincerely,
Network Management
Optum

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Optum WebAssist Physical Health

Requires Login

Public Facing

Medical Forms

Please select forms to print from the following options:

- Patient Summary Form PSF-730
- Disability of the Arm, Shoulder and Hand (DASH)
- Lower Extremity Functional Scale (LEFS)
- Beck Index
- Beck Index
- Texas Pediatric Supplemental Form

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2024 Utilization Management Program

Optum

**Welcome to WebAssist
Optum Provider Portal**

Discover How to Submit a PSF-730 Online

Published June 2024

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Profiling and Data Sharing (excludes Medicaid)

Optum uses data collected from claims and the clinical submissions to create reporting that summarize the processes of care and clinical outcomes of each provider. This reporting is useful to Optum for:

- Recognition of superior provider outcomes and/or efficiencies
- Communication to the Plan of network outcomes.
- Promotion of Physical Medicine inclusion in benefit structure.
- Selection of providers that may benefit from additional educational opportunities.
- Identification of providers with 'unsupported clinical variance,' who haven't effectively adopted "best practice" approaches to delivering care.

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OVERVIEW

1.1 Overview of Clinical Support Program

The Optum **"Clinical Support Program"** has been designed to assist in the delivery of effective and efficient services emphasizing evidence-informed care. The goal of Clinical Support is to assist providers in delivering, and patients in obtaining optimal outcomes from care, while minimizing inefficiencies and unsupported clinical variance from evidence-informed care. The Clinical Support Program is built upon four core principles:

- **Practice According To Current Best Evidence:** Defining "best practices" in physical medicine and continually setting the information standard.
- **Accountability:** Encouraging providers to be accountable for their services and assisting patients to be knowledgeable health care consumers.
- **Education and Communication:** Engaging providers and patients, where delegated, in a learning culture, supplying them with evidence-informed health and well-being information.
- **Affordable Care:** Keeping costs manageable by streamlining processes and using communication, information and education to lead providers and their patients to a "best practice" health care experience.

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1.2.1 Clinical Submission and Associated Forms

Optum providers are contractually required to comply with the Optum programs and procedures, including the Utilization Management processes. Optum conducts two forms of Utilization Management:

- **Utilization Review** – for contracted clients where submission of the Patient Summary Form is required i.e., where Optum renders adverse determinations and where appeals rights are provided.
- **Notification** – for contracted clients where the submission of the Patient Summary Form is not required for payment i.e., feedback from Optum is purely informational, and no adverse determinations are made.

The **Utilization Review** process requires contracted health care providers to submit the Patient Summary FormSM at the beginning of a treatment plan (generally within the first 10 days). Utilization review shall not be conducted more frequently than is reasonably required to assess whether the health care services under review meet plan benefit coverage criteria. The patient may not be billed for covered services not reimbursed due to the health care provider's failure to properly follow Optum's Utilization Review requirements.

Prior to submission of the Patient Summary Form and while the clinical submission is being processed, the health care provider is obligated to provide necessary services to the patient.

The **Notification** process recommends but does not require contracted health care providers to submit the Patient Summary Form at the beginning of a treatment plan. The information submitted is typically used to identify opportunities for focused clinical outreach and support.

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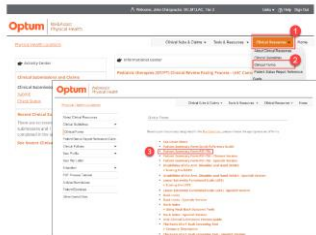
PSF-750 Form

Many offices print a hard copy of the PSF-750 form. Have the provider and the patients fill out their sections, and then enter the information electronically on the Optum portal.

You can find the PSF-750 hard copy under the "Tools & Resources" menu click on Clinical Forms.

You will be presented with clinical forms. Click Patient Summary Form (PSF-750).

Medicare requires some additional questions be answered that are not included in the paper PSF-750. See pages 15-16 for additional information.



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Optum Network Tiering

Tier 1 Provider	Providers that meet a minimal patient volume and have clinical decision-making consistently aligned with current evidence and community standards. Tier 1 providers participate in a minimal UR process. Following two consecutive years as a Tier 1 provider, while meeting a minimal patient volume, the provider moves to a no UR process (Tier 1 Advantage): Tier 1 Advantage providers, with minor plan exceptions, are no longer required to submit PSFs. See Medicare Addenda, Network Tiering below
Tier 2 Provider	Providers that are new to the network, have not met a minimum patient volume or have clinical decision-making not aligned with current evidence and community standards in one or more areas. Tier 2 providers participate in a comprehensive UR process. See Medicare Addenda, Network Tiering below

- Updated Annually or anytime at their sole discretion.
- During review, provider performance within the network determines if they qualify for a change

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Online Submission of the Patient Summary Form (PSF-750) is Required

You must submit forms within 2 days but no later than 30 days.

The following directions will assist in making the online submission process easy and convenient for you and your staff.

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▶ Patient
▶ Staff Prefill
▶ Doctor
▶ Patient

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Provider Completes This Section:

Date you want THIS submission to begin:

Patient Type

1 New to your office
 2 Est'd. new injury
 3 Est'd. new episode
 4 Est'd. continuing care

Nature of Condition

1 Initial onset (within last 3 months)
 2 Recurrent (multiple episodes of < 3 months)
 3 Chronic (continuous duration > 3 months)

Cause of Current Episode

1 Traumatic
 2 Inspected
 3 Negative
 4 Post-surgical
 5 Neck related
 6 Motor vehicle

IC ONLY

Anticipated CPT Level

1 86942
 2 86941
 3 98942
 4 98941

Date of Surgery

1*
 2*
 3*
 4*

Type of Surgery

1 ACJ Reconstruction
 2 Rotator Cuff/ Labral Repair
 3 Tendon Repair
 4 Spinal Fusion
 5 Joint Replacement
 6 Other

Diagnosis ICD codes

Please ensure all digits are entered accurately

1*
 2*
 3*
 4*

Current Functional Measure Score

Neck Index: DASH (other FOM)

Back Index: LEFS

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 Don't believe what you see?
 Group number on patient card.

Get to know your UnitedHealthcare® Medicare Advantage member ID card

Your UnitedHealthcare® Group Medicare Advantage (PPO) plan member ID card includes information about you and your coverage. Carry it with you wherever you go and show it when you visit your provider or pharmacy so they know how to bill for their services. This is the only ID card that you will need to use for your UnitedHealthcare Medicare Advantage plan benefits.

Front of the card (sample)

- Member ID and Group Number:** Use these when registering on www.UHOnline.com/ID or calling with questions. Also, your providers (e.g., doctor, pharmacy) will need this information to verify your benefits and file claims.
- Your Part D drug coverage:** Your pharmacist will use this to file claims for Part D covered drugs. These Part D drugs are those you pick up at the local pharmacy or order via Optum Home Delivery.

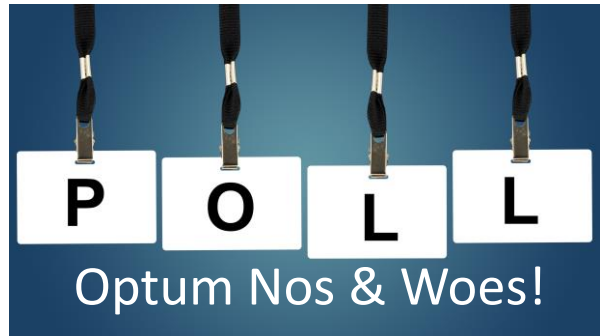
Back of the card (sample)

- Your dedicated UnitedHealthcare Medicare Advantage Customer Service phone number:** You will be asked to provide your member ID when you call this toll-free member phone number.
- Provider website and phone number:** If your provider has any questions about the plan, they can visit the website or call the number listed here.
- Pharmacist phone number:** If your pharmacist has any questions about your Part D drug coverage, they can call the number listed here.

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Obtain Your One Healthcare ID and Password

Once you've logged in and created a One Healthcare ID and password, you will click on the One Healthcare ID login tab, use this ID and password to log into OneHealthcare in the future.

If you have any difficulty, you can also call our customer service center and they can assist you. Call 800-873-4876 or 888-676-7768

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Member Eligibility and Benefits

Providers are required to verify member eligibility and benefits online.

Under Clinical Subs & Claims menu, click 'Member Eligibility'.

Enter the member's name, ID and date of birth, then click 'Find Member'.

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Determine if Clinical Submission is Required

To determine if your UnitedHealthcare Medicare Advantage member* requires clinical submission, click on the Tools & Resources menu, then click 'M&R Quick Group Check.'

*Excludes UnitedHealthcare Medicare Solutions West

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Determine if Clinical Submission is Required

The M&R Quick Group Check requires entering individual member's group number. Once you enter, click 'Submit.'

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Submit a PSF Electronically – Patient Information

For established patients, pick their name off the patient list, which is in alphabetical order by last name. Their demographics will then populate in the form on the right.

For a new patient fill out the patient demographics section in the blank form.

If you have an established patient who has changed their name, address or health insurance plan, complete a new submission, and include the new information as you would for a any other new patient.

Once the PSF is processed the patient's name with the new information will display on your patient list.

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Submit a PSF Electronically – Patient Information – Plan Name

In the 'Plan' section, make sure to select the appropriate Plan name, corresponding to the member's card, from the dropdown.

For Example: For UnitedHealthcare Medicare Advantage plans, select 'UnitedHealthcare Medicare For UnitedHealthcare Medicare Solutions West'. Select 'UnitedHealthcare Medicare Solutions West'.

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Submit a PSF Electronically – Provider Office Information

After selecting an existing patient, or entering your new patient information, you must select the office location where the patient is being treated.

Once you select the location, the remainder of the electronic PSF-750 will display.

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Submit a PSF Electronically – Clinical Information

Enter all required the clinical information within the electronic form.

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Submit a PSF Electronically – Medicare Plans Only

When submitting a PSF for a UHC Medicare Advantage Plan or UHC Medicare Solutions (WEST) members, you will be presented with some additional questions, which will not be present for other plans. The requested duration in weeks should be the total number of weeks of this requested treatment plan. The requested number of visits should be the total number of visits, not the frequency of visits requested per week. (i.e. 2 times per week for 8 weeks, equals 16 visits.)

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Submit a PSF Electronically – Medicare Plans Only

Medicare requires some additional questions be answered that are not included in the paper PSF-750.

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Submit a PSF Electronically – Functional Outcome Measure (FOM) Score

If you have calculated the patient's current FOM, you can enter the score in the space provided. To calculate a FOM score, click on the form that your patient has completed. An electronic version of the form will open for you. Once complete, click the Calculate and Accept buttons. Your score will be placed within the electronic form.

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Submit a PSF Electronically – Submit

When the electronic form is complete, click the 'Submit' button. If you have forgotten to fill out any required information the site will prompt you to complete that question.

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Submit a PSF Electronically – Confirmation Page

You will then receive a confirmation page that will include the information you submitted electronically on the PSF, along with your Confirmation Number. You can write this number down as confirmation that we have received your submission or print the page. If you scroll to the bottom of the Confirmation Page, you will see a 'Print Page' hyperlink. Once you click this link, you can either download or print this page for your records.

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Submit a PSF Electronically – Checking Authorization Status

If there are no issues with the submission, it will take 24-48 business hours to process. If there are any issues with your submission, Optum will contact you via phone or email. To check the status of your submission, go to the Optum WebAccess home page. Under the Activity Center, click the Check Status hyperlink under Clinical Submissions.

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Submit a PSF Electronically – Checking Authorization Status

Upon clicking the "Check Status" hyperlink under Clinical Submissions, you will be presented with a list of all your recent submissions.

If you chose to narrow your search results by selecting an Office Location, Decision Date, or Patient & Date of Birth information, you will then need to click the "Search" button to view the results.



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Submit a PSF Electronically – Checking Authorization Status

To view additional details, you can click the hyperlink within the "Status" section of the search results.

If a submission is in process, you will receive a short summary page. You can either download or print this page for your records.



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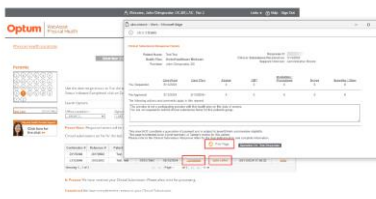
50

Submit a PSF Electronically – Checking Authorization Status

If a submission is completed, you will receive a summary page with important information regarding your submission.

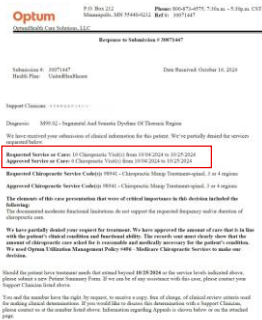
You can either download or print this page for your records.

You can also view the determination letter associated with the notification. This can also be downloaded or printed for your records.



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P.O. Box 212 Phone: 888.475.4475, 7:30am - 5:30pm CST
55000opds, MN 55480-0212 Ref #: 30871047
Optum Health Care Solutions, LLC
Request for Determination Letter 30871047

Submission #: 30871047 Date Received: October 16, 2024
Health Plan: UnitedHealthcare Support Clinician: *****

Request Clinician: *****

Diagnosis: M99.02 - Requested And Incomplete Order Of Therapy Program

We have received your submission of clinical information for the patient. We've partially denied the request for authorization.

Requested service on Case 11 (Chiropractic) falls under category 1 or 2 (2024 Requested Service on Case 11 (Chiropractic) under 2024-10-22 10:27:24)

Requested Chiropractic Services Category 1994C - Chiropractic Manipulation equal 1 or 4 region

Requested Chiropractic Service Category 1994C - Chiropractic Manipulation equal 1 or 4 region

The elements of this request presentation that were of critical importance to the decision included the following:

The requested evidence-based literature does not support the requested frequency and/or duration of chiropractic care.

We have partially denied your request for treatment. We have approved the amount of care that is in line with the patient's state of condition and functional ability. The records are more clearly than the amount of chiropractic care asked for is reasonable and medically necessary for the patient condition. We will Optimize Utilization Management Policy 1994C - Standard Chiropractic Services for under our device.

Would the patient have treatment needs that extend beyond 10/30/2024 or the service levels indicated above, please submit a new Request Summary Form. Do not call or fax your submission until the new plan number and/or Request Clinician listed above.

You will be notified from the date the request is received to make a copy. Use of change of clinical information used for the pending clinical determination. If you would like to discuss this determination with a Support Clinician, please contact us at the number listed above. Information regarding appeals is shown below or at the attached page.

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QUICK RESPONSE

Optum
P.O. Box 212 Phone: 888.475.4475, 7:30am - 5:30pm CST
55000opds, MN 55480-0212 Ref #: 30871047
Optum Health Care Solutions, LLC
Request for Determination Letter 30871047

Submission #: 30871047 Date Received: October 16, 2024
Health Plan: UnitedHealthcare Support Clinician: *****

Submitted Initial Date: 09/18/2024
Date this response applies to: 09/18/2024 - 10/30/2024
Number of visits: 0 (3 MONTH)

Supported level of CMT: 98941 or 98948

We have received your submission of clinical information for this patient regarding a request for services. The requested services have been approved as noted above.

Should the patient have treatment needs that extend beyond 10/30/2024 or the service levels indicated above, please submit a new Request Summary Form. If we can be of any assistance with this case please contact your Support Clinician listed above.



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Payers Are Not Excused

CMS-0057-F 459

TABLE E1: PRIOR AUTHORIZATION DECISION TIMEFRAMES FOR IMPACTED PAYERS BEGINNING IN 2026 (EXCLUDING DRUGS)

Payer	Final Expedited Prior Authorization Decision Timeframes	Final Standard Prior Authorization Decision Timeframes
MA Organizations and Applicable Integrated Plans	As expeditiously as the enrollee's health condition requires, but no later than 72 hours after receiving the request.* 42 CFR 422.572(a) 42 CFR 422.631(d)(2)(iv)	As expeditiously as the enrollee's health condition requires but no later than 7 calendar days after receiving the request for the standard organization determination* and standard integrated organization decision. 42 CFR 422.568(b)(1) 42 CFR 422.631(d)(2)(i)(B)

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PROVIDER SPECIALTY	REASON FOR REQUEST DENIAL	TYPE OF SERVICE	TOTAL ANNUAL REQUESTS	APPROVED REQUESTS	PARTIALLY APPROVED REQUESTS	DENIED REQUESTS	TAT NOTIFICATION TO RESPOND	NUMBER OF APPEALS	OVERTURNED ON APPEAL	UPHELD ON APPEAL
CHIROPRACTOR	Procedure	Procedure	43	43	0	0	0.32813789	0	0	0
CHIROPRACTOR-OCCUPATIONAL HEALTH	Diagnostic Test	Diagnostic Test	3	3	0	0	0	0	0	0
CHIROPRACTOR-REHABILITATION	Diagnostic Test	Diagnostic Test	3	3	0	0	0	0	0	0

- Georgia
 - Diagnostic Request – 8
 - Diagnostic Approved – 6
 - Procedure Requests – 43
 - Procedure Approved – 43
- Illinois
 - Diagnostic Request – 17
 - Diagnostic Approved – 17
 - Procedure Requests – 20
 - Procedure Approved – 20
- Colorado
 - Diagnostic Request – 3
 - Diagnostic Approved – 3
 - Procedure Requests – 4
 - Procedure Approved – 4
- Texas
 - Diagnostic Request – 365
 - Diagnostic Approved – 364
 - Diagnostic Denied – 1 - Not Medically Necessary
 - Procedure Requests – 124
 - Procedure Approved – 124
 - Radiology Request – 1
 - Radiology Approved – 1

Humana

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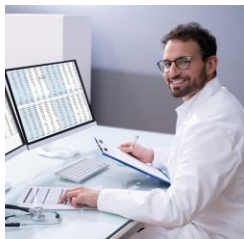


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58

ICD-10 Coding in Practice



- Centers for Medicare and Medicaid Services (CMS) post the updates for the ICD-10 codes annually.
- The goal for this annual update is to provide greater specificity for diagnosis classifications for providers.
- These updates take effect on October 1st of each year.
- Use these codes for patient encounters occurring from October 1, 2024 – September 30, 2025
- Sign up for email updates.

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Most Software Automatically Update ICD10 Codes



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ICD10 CM Tabular Addenda 2025

- > Chapter 1, Certain infectious and parasitic diseases (A00-B99)
- > Chapter 2, Neoplasms (C00-D49)
- > Chapter 3, Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism (D50-D89)
- > Chapter 4, Endocrine, nutritional and metabolic diseases (E00-E89)
- > Chapter 5, Mental, Behavioral and Neurodevelopmental disorders (F00-F99)
- > Chapter 6, Diseases of the nervous system (G00-G99)
- > Chapter 7, Diseases of the eye and adnexa (H00-H59)
- > Chapter 8, Diseases of the circulatory system (I00-I99)
- > Chapter 9, Diseases of the respiratory system (J00-J99)
- > Chapter 10, Diseases of the digestive system (K00-K93)
- > Chapter 11, Diseases of the skin and subcutaneous tissue (L00-L99)
- > Chapter 12, Diseases of the musculoskeletal system and connective tissue (M00-M99)

Chapter 13 -
 • Diseases of the Musculoskeletal System and Connective Tissue (M00-M99)
 • Primary chapter affecting Chiropractors



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No Change	M51.36 Other intervertebral disc degeneration, lumbar region
Add	M51.360 Other intervertebral disc degeneration, lumbar region with discogenic back pain only
Add	Other intervertebral disc degeneration, lumbar region with axial back pain only
Add	M51.361 Other intervertebral disc degeneration, lumbar region with lower extremity pain only
Add	Other intervertebral disc degeneration, lumbar region with leg pain only
Add	Other intervertebral disc degeneration, lumbar region with referred sclerotomal pain only
Add	M51.362 Other intervertebral disc degeneration, lumbar region with discogenic back pain and lower extremity pain
Add	Other intervertebral disc degeneration, lumbar region with discogenic back pain and leg pain
Add	Other intervertebral disc degeneration, lumbar region with axial back pain and referred sclerotomal pain
Add	M51.368 Other intervertebral disc degeneration, lumbar region without mention of lumbar back pain or lower extremity pain
Add	Other intervertebral disc degeneration, lumbar region without mention of lumbar back pain or leg pain
Add	Other intervertebral disc degeneration, lumbar region, NOS

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No Change	M51.37 Other intervertebral disc degeneration, lumbosacral region
Add	M51.370 Other intervertebral disc degeneration, lumbosacral region with discogenic back pain only
Add	Other intervertebral disc degeneration, lumbosacral region with axial back pain only
Add	M51.371 Other intervertebral disc degeneration, lumbosacral region with lower extremity pain only
Add	Other intervertebral disc degeneration, lumbosacral region with leg pain only
Add	Other intervertebral disc degeneration, lumbosacral region with referred sclerotomal pain only
Add	M51.372 Other intervertebral disc degeneration, lumbosacral region with discogenic back pain and lower extremity pain
Add	Other intervertebral disc degeneration, lumbosacral region with discogenic back pain and leg pain
Add	Other intervertebral disc degeneration, lumbosacral region with axial back pain and referred sclerotomal pain
Add	M51.378 Other intervertebral disc degeneration, lumbosacral region without mention of lumbar back pain or lower extremity pain
Add	Other intervertebral disc degeneration, lumbosacral region without mention of lumbar back pain or leg pain
Add	Other intervertebral disc degeneration, lumbosacral region, NOS

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No Change	M65.9 Synovitis and tenosynovitis, unspecified
Add	M65.90 Unspecified synovitis and tenosynovitis, unspecified site
Add	M65.91 Unspecified synovitis and tenosynovitis, shoulder
Add	M65.911 Unspecified synovitis and tenosynovitis, right shoulder
Add	M65.912 Unspecified synovitis and tenosynovitis, left shoulder
Add	M65.919 Unspecified synovitis and tenosynovitis, unspecified shoulder
Add	M65.92 Unspecified synovitis and tenosynovitis, upper arm
Add	M65.921 Unspecified synovitis and tenosynovitis, right upper arm
Add	M65.922 Unspecified synovitis and tenosynovitis, left upper arm
Add	M65.929 Unspecified synovitis and tenosynovitis, unspecified upper arm
Add	M65.93 Unspecified synovitis and tenosynovitis, forearm
Add	M65.931 Unspecified synovitis and tenosynovitis, right forearm
Add	M65.932 Unspecified synovitis and tenosynovitis, left forearm
Add	M65.939 Unspecified synovitis and tenosynovitis, unspecified forearm
Add	M65.94 Unspecified synovitis and tenosynovitis, hand

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No Change	M54.3 Sciatica
Add	Excludes1: intervertebral disc degeneration, lumbar region with lower extremity pain only (M51.361)
Add	intervertebral disc degeneration, lumbosacral region with lower extremity pain only (M51.371)
No Change	M54.4 Lumbago with sciatica
Add	Excludes1: intervertebral disc degeneration, lumbar region with discogenic back pain and lower extremity pain (M51.362)
Add	intervertebral disc degeneration, lumbosacral region with discogenic back pain and lower extremity pain (M51.372)
No Change	M54.5 Low back pain
Add	Excludes1: intervertebral disc degeneration, lumbar region with discogenic back pain only (M51.360)
Add	intervertebral disc degeneration, lumbosacral region with discogenic back pain only (M51.370)
No Change	Disorders of muscles (M60-M63)
No Change	M62 Other disorders of muscle
No Change	M62.8 Other specified disorders of muscle
Add	M62.85 Dysfunction of the multifidus muscles, lumbar region

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Rachel Soucy
KMC University Helpdesk Specialist

What Is An LCD?



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- A decision made by a Medicare Administrative Contractor (MAC) on whether a particular service or item is reasonable and necessary, and therefore covered by Medicare within the specific jurisdiction that the MAC oversees.
- MACs develop an LCD when there is no national coverage determination (NCD) or when there is a need to further define an NCD for the specific jurisdiction.
- LCDs outline how the contractor will review claims to ensure that the services provided meet Medicare coverage requirements.

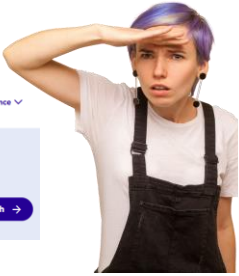
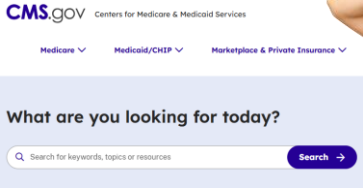
What Is An Article?



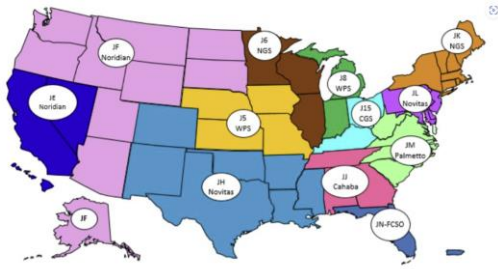
69

- A type of document published by the Medicare Administrative Contractors (MACs) often contains coding or other guidelines and may or may not be in support of a Local Coverage Determination (LCD).
- Articles which directly support an LCD are known as "LCD Reference Articles".
- Articles identified as "Not an LCD Reference Article" are articles that do not directly support a Local Coverage Determination (LCD).

Where Can I Find Them?



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Billing and Coding Article WPS Billing and Coding: Chiropractic Services

- **Billing and Coding articles**
 - Provide guidance for the related Local Coverage Determination (LCD) and assist providers in submitting correct claims for payment.
 - Billing and Coding articles typically include CPT/HCPCS procedure codes, ICD-10-CM diagnosis codes, as well as Bill Type, Revenue, and CPT/HCPCS Modifier codes.
 - The code lists in the article help explain which services (procedures) the related LCD applies to, the diagnosis codes for which the service is covered, or for which the service is not considered reasonable and necessary and therefore not covered.

Article Information	
General Information	
Article ID	A56273
Article Title	Billing and Coding - Chiropractic Services
Article Type	Billing and Coding
Original Effective Date	10/18/2024
Revision Effective Date	10/05/2024
Revision Ending Date	N/A
Retirement Date	N/A

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Medicare WPS Local Coverage Article (effective 10/1/24)

<p>Group 1 (6 Codes)</p> <p>Group 1 Paragraph Note: diagnosis codes must be coded to the highest level of specificity. The level of the sublocation must be specified on the claim and must be listed as the primary diagnosis. The neuromusculoskeletal condition necessitating the treatment must be listed as the secondary diagnosis. All diagnosis codes must be coded to the highest level of specificity, and the primary diagnosis must be supported by x-ray or documented by physical examination.</p> <p>These are the only covered diagnosis codes that support medical necessity: Primary: ICD-10-CM Codes (Names of Vertebrae) The precise level of sublocation must be listed as the primary diagnosis.</p>		
<p>Group 2 (48 Codes)</p> <p>Group 2 Paragraph SHORT-TERM TREATMENT (These conditions generally require short-term treatments) ICD-10-CM Symptom/Condition Codes (Secondary Diagnosis)</p>	<p>Group 3 (193 Codes)</p> <p>Group 3 Paragraph Moderate-Term Treatment ICD-10-CM Symptom/Condition Codes (Secondary Diagnosis)</p>	<p>Group 4 (70 Codes)</p> <p>Group 4 Paragraph Long-Term Treatment ICD-10-CM Symptom/Condition Codes (Secondary Diagnosis)</p>

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Time to Dig!
Live Search

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Important Dates!

Rebecca Scott, CPC, CPCO, CPB
 KMC University Specialist
 Train My Biller Coach

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- **Physician Open Enrollment** Mid-Nov - December 31
- **Patient Open Enrollment** Oct 15 - December 7
- **Fee Schedule Updates** 2025 Rates Coming Soon

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- **Annual Medicare Physician Participation Open Enrollment**
 - Mid-November - December 2024
- **Open Time to Change Participation Level with Medicare**
 - Participating vs Non-Participating
 - Opt-Out is Not An Option for Chiropractors

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KMC University's Guide to PARTICIPATING (PAR) VS. NON-PARTICIPATING (NON-PAR) MEDICARE PROVIDER

Participating Provider (Par)	Non-Participating Provider (Non-Par)
Collects the participating allowable fee schedule amount for CMT services	Collects no more than the Limiting Fee set by Medicare at the time-of-service
Must submit claims to Medicare	Must submit claims to Medicare
Always accepts assignment in Item 27 of 1500 Claim Form	Usually does not accept assignment in Item 27 of 1500 Claim Form but may elect to accept assignment on a case-by-case basis
Submits to secondary/Medigap carriers	No obligation to submit to secondary/Medigap carriers
Reduces out-of-pocket expense for patient	Increases out-of-pocket expense for patient

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Patient Open Enrollment

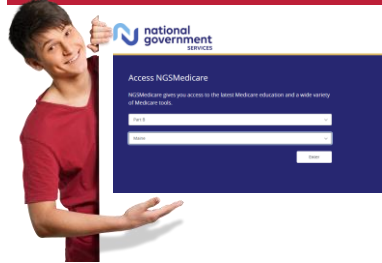
Enrollment period:	You can:	Coverage starts:
Open Enrollment Period October 15-December 7	<ul style="list-style-type: none"> Join, drop, or switch to another Medicare Advantage Plan (or add or drop drug coverage). Switch from Original Medicare to a Medicare Advantage Plan or from a Medicare Advantage Plan to Original Medicare. Join, drop, or switch to another Medicare drug plan if you're in Original Medicare. 	January 1 of the next year

NOTE TO SELF:

- Update Insurance Cards
- Verify Patient Eligibility
- Change Payer in Software

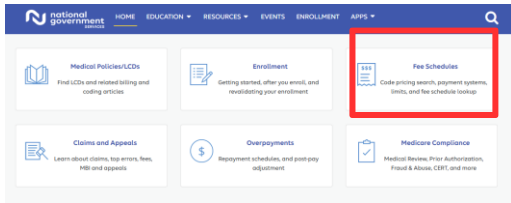
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Medicare Fee Schedule



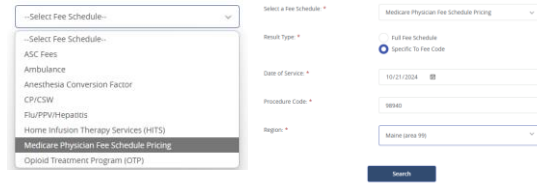
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Medicare Fee Schedule



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Medicare Fee Schedule



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Medicare Fee Schedule

Medicare Physician Fee Schedule Pricing Fee Schedule

Procedure Code	Effective Date	State/Territory	Locality	Short Description		
9940	02/01/2024	14112	00	Chiropractic (many 1-2 regions)		
Non-OPPS Capped Payment Rates (NON-OPPS)						
Modifier	NON FAC PAR	NON FAC NON PAR	NON FAC LC	FAC PAR	FAC NON PAR	FAC LC
D040	26.17	24.86	23.59	21.90	19.95	22.94
OPPS Capped Payment Rates (OPPS)						
Modifier	NON FAC PAR	NON FAC NON PAR	NON FAC LC	FAC PAR	FAC NON PAR	FAC LC
D040	0.00	0.00	0.00	0.00	0.00	0.00

The full Fee Schedule for this code can be downloaded in the following formats below:

[Excel File](#) [CSV File](#)

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What's New with HIPAA? A Quick Overview

- Revised penalty structure
- Guidance on Tracking Technologies (website)
- New Guidance on Telehealth
- Privacy Rule Changes- On the Horizon
- Notice of Privacy Policy Changes
- New rules for Reproductive Rights
- Cybersecurity Risk & Breach Notification
- New Rules for substance use disorder

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Civil Penalties – No Penalty Update

Falling into the "did not know category" is hard to do with all the information and guidance available
 Per violation can be per safeguard violated and/or per patient \$\$\$\$
 Good news! No penalty if corrected within 30 days as long as NOT willful neglect

Did not know and should not have known of violation	<ul style="list-style-type: none"> \$141* to \$71,162* per violation Up to \$2,067,813* per type per year No penalty if correct w/in 30 days OCR may waive or reduce penalty
Violation due to reasonable cause	<ul style="list-style-type: none"> \$1,379* to \$71,162* per violation Up to \$2,067,813* per type per year No penalty if correct w/in 30 days OCR may waive or reduce penalty
Willful neglect, but correct w/in 30 days	<ul style="list-style-type: none"> \$14,238* to \$71,162* per violation Up to \$2,067,813* per type per year Penalty is mandatory
Willful neglect, but do not correct w/in 30 days	<ul style="list-style-type: none"> \$71,162 to \$2,134,831* per violation Up to \$2,134,831* per type per year Penalty is mandatory

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How to Avoid Willful Neglect Category

- Appoint Compliance Officer-Contact
- Have in place policies and procedures
- Have on file a thorough Risk Assessment report along with corrective actions (within the past 12 months)
- Tangible evidence of risk management (monitoring, reporting events and enforcement (sanctions))
- Documented HIPAA training
- Up to date Notice of Privacy Practices
- Self report breaches

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Online Tracking Technologies

Use of Online Tracking Technologies by HIPAA Covered Entities and Business Associates

On June 20, 2024, the U.S. District Court for the Northern District of Texas issued an order electing enforceable and severable portions of this guidance document. See Am. Hosp. Ass'n v. Becerra, — F. Supp. 3d —, No. 4:23-cv-1210, 2024 WL 4876510 (N.D. Tex. June 20, 2024). Specifically, the Court granted the guidance to the extent it provides that HIPAA obligations are imposed on "businesses where an online technology connects (1) an individual, if not both with (2) at least an (a) [nonhealthcare] public webpage [with] any specific health condition or healthcare provider," "at or "2, and is involving its next steps in light of that order.

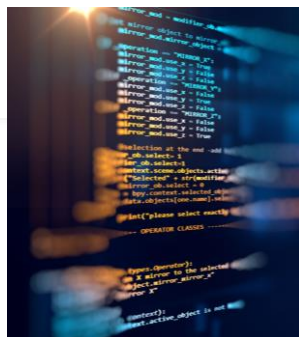
The Office for Civil Rights (OCR) at the U.S. Department of Health and Human Services (HHS) is issuing this Bulletin to highlight the obligations of Health Insurance Portability and Accountability Act of 1996 (HIPAA) covered entities, and business associates ("regulated entities") under the HIPAA Privacy, Security, and Breach Notification Rules ("HIPAA Rules") when using online tracking technologies ("tracking technologies"). OCR administers and enforces the HIPAA Rules, including by investigating breach reports and complaints about regulated entities' noncompliance with the HIPAA Rules. A regulated entity's failure to comply with the HIPAA Rules may result in a civil money penalty.

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Tracking

"a tracking technology is a script or code on a website or mobile app used to gather information about users or their actions as they **interact with a website** or mobile app. After information is collected through tracking technologies from websites or mobile apps, it is then **analyzed by owners of the website or mobile app**..."

Mobile Apps
Business Associates (BA)
who manage your website

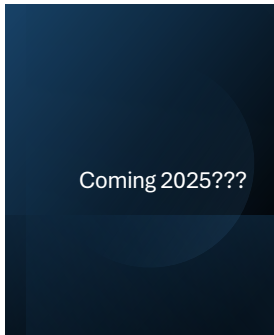


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To Dos

- Make sure you review the HHS guidance and query your website vendors <https://www.hhs.gov/hipaa/for-professionals/privacy/guidance/hipaa-online-tracking/index.html>
- Know the 18 identifiers of PHI and track PHI on your website
- Data mining NOT permitted by Business Associate (BA)
- Don't assume this falls into TPO (treatment, payment, healthcare operations)
- Ask BA to de-identify information on behalf of the provider or choose a new vendor
- Learn about unauthenticated webpages vs. authenticated from a compliance specialist
- Obtain patient's HIPAA authorization if necessary [heads up- a statement on your website or in your NPP is NOT sufficient]

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Update to the Privacy Rule
Pending since 1/21/2021 but
hopefully final in early 2025

You will need to...

- Modify content in Notice of Privacy Practices
- Change process for obtaining patient acknowledgement
- Update your medical record's policy and patient's right of access

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Notice of Privacy Practices will need updating by February 2026

- HHS will publish a Model notice (but still needs to be customized to your clinic and services provided)
- Government wants to get all federal updates in place before enforcing NPP changes
- Changes will take into consideration Reproductive Rule, SUD Part 2, and the upcoming privacy law changes

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